



Padrino
Children's Foundation

2019 ANNUAL REPORT

YOU HAVE CHANGED LIVES AND LIFTED A COMMUNITY

In 2019, with your support and partnership, we brought health care services to hundreds of impoverished children in and around Todos Santos, BCS, Mexico and the surrounding communities.

Thank you for your generous commitment to transform the lives of our children, their families and our community, as a whole.

Our Impact
Summary for
2019

5,563
Medical interventions

Averaged
100
Active patients per month

Enhanced our services
to address high demand
for psychiatric and
psychological therapy.

341
Pediatric Vision
Screenings

New vocational therapy
is preparing older
children with valuable
life skills.

59 children received
286
prescriptions for
medication therapy

In partnership with Illumina
Corp., we provided whole genome
sequencing for 16 children,
resulting in 10 definitive diagnoses
of rare diseases.

To my fellow Padrino Children's Foundation supporters,

2019 marks PCF's 3rd anniversary. During this time, our organization has grown rapidly to meet the pediatric healthcare needs of economically challenged children in our community. We have learned much about the true nature of health in our region from the families we serve. As a result, PCF has continually redefined our focus to become our region's leader in social and mental health programs, treatment and therapy for children with complex neurodevelopmental disorders, rare disease diagnosis, and therapy for children with special needs.

To meet the need, we had to grow. Our team of medical, social work, psychology, education, and therapy professionals has expanded rapidly to provide the children of Todos Santos, Pescadero, Meliton Albáñez, and the surrounding ranches with local services, limiting the need for families to travel to La Paz and Los Cabos for care. We've expanded our clinic facilities to better serve the dozens of children we see each day. Still, we ended 2019 with waiting lists of children needing our services.

Continued growth is limited by financial and human resources. At present, there are no pediatric services in our region: medical, dental, vision, psychology etc. In 2019, PCF paid more than \$22,000 USD to transport children to specialists. To make healthcare more accessible and affordable for PCF and all residents, we will strive to build and retain a cadre of local pediatric specialists, despite the scarcity of these experts in BCS. Yet, this challenge offers opportunities for creating innovative solutions. We will continue to develop novel partnerships and apply cutting-edge technologies to make pediatric best practice a reality, even in our tiny, remote corner of Mexico.

So, here's my pitch! Investment in health improvements can break the cycle of poverty. We simply cannot continue our work, let alone expand it, without substantial support from you. If you believe in the importance of our mission and feel that the effects of our work positively impact society, please join us in that effort.

Thank you for standing with us,
Jim Cardillo
Chairman of the Board



CLINICAL STAFF



Dr. Alejandra Peña Salguero,
PCF Executive and Medical Director



Antonia González Ruíz,
Social Work



Ariana Corona Miranda,
Mental and Social Health
Program



Antonieta Peralta Delgado,
Children with Special
Needs Program



Leslie Castro Ramos,
Vocational Program for
Children with Special Needs

ADMINISTRATIVE STAFF



Claudia Falcón
General Assistant, Assistant
Nurse and Pharmacy



Claudia Millán Choa
Administration and
Volunteer Coordinator

BOARD OF DIRECTORS



Jim Cardillo Chair



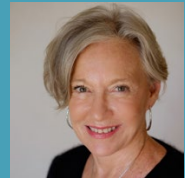
Ron Peters, President



Jamie Kelly, President Elect



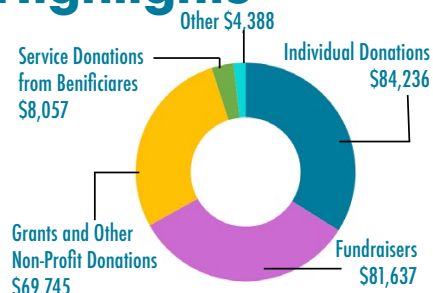
Nancy Naigle, Secretary



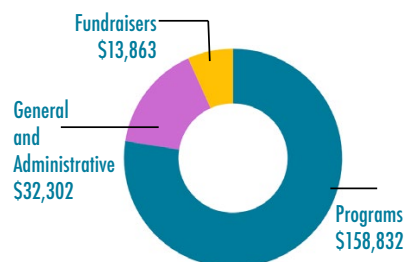
Nancy Serfas, Chief Financial Officer

Financial Highlights

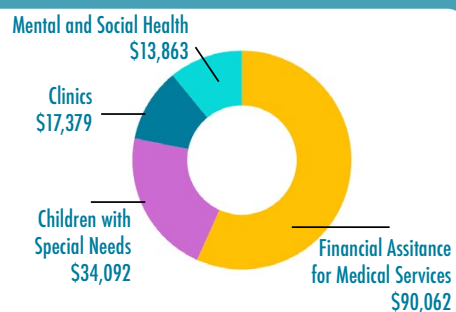
Revenue by Source



Expenses by Program

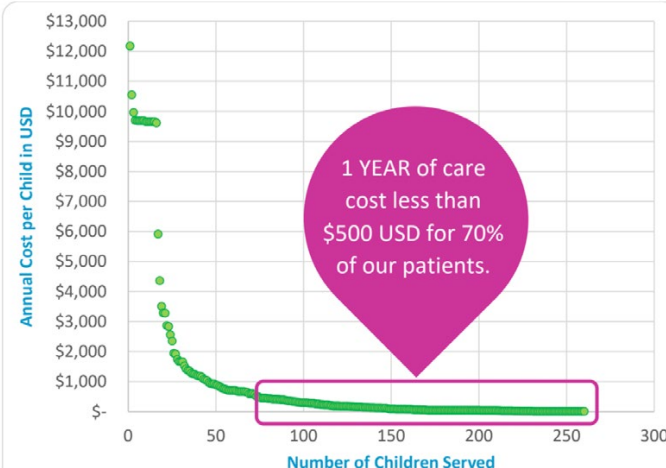


Expenses by Type



Your contributions go a long way

Although we saw children requiring costly surgeries and pharmaceutical therapies, the annual cost of care for 70% of our kids was less than \$500 USD. **In fact, 116 children were treated for less than \$100!**



Data excludes the 341 children treated during the Sight is a Right Vision Clinic. Only direct costs for medical services and the value of contracted professionals is reflected. No adjustment is made for administrative or materials costs of our programs.

USD were converted from MXP using the 2019 Average exchange rate of 19.25.

*All data includes exchange rate adjustments.

WHAT IF

Her birth defect were not a life sentence for **poverty**?

His medical mystery could be solved...and **cured**?

A single medication stopped her seizures, **forever**?

The psychological scars of abuse could be **healed**?

Children with learning disorders knew they were **not alone**?

A photograph of two young girls swimming in the ocean. They are facing each other, smiling, and appear to be talking. The water is a clear, vibrant blue, and the sky is a pale, hazy blue. In the far distance, a small white boat is visible on the horizon.

TOGETHER, WE'VE ALREADY MADE THIS HAPPEN

PCF and our partners are helping to shape a community in which all children achieve their full potential for health and well-being.

Living with the unplanned expense of a childhood disease

When your child is born with a birth defect, isn't growing normally, has recurring infections, suffers from a vision deficit, or has a seizure disorder, healthcare costs can quickly outstrip earnings and savings. For qualified families faced with unaffordable care, we fund necessary medical services including physician consultations, diagnostic testing, transportation to appointments, medications, counselling, medical aids, and more.

The Brunos are a family living among the migrant farm workers near Todos Santos. They have twin daughters, Nayeli and Madeline, born with severe hydrocephalus. For years, they went untreated until the Padrino Children's Foundation learned

of their suffering. Today, both girls are receiving needed medications and physical therapy in La Paz. The result is better quality of life and a brighter future for the entire family.

173
Children
Served

1441
Medical
Interventions

Total
Expenditure
\$90,062

2019 PROGRAM SUMMARY
Financial Assistance for Medical Services

Realizing the potential of differently-abled children

During the early development of the PCF programs, we recognized a prevalent need to serve children with disabilities and neurodevelopmental disorders, many of whom had never received evaluations, treatment, or therapies. Many of these individuals will spend the majority of their lives at home, with little opportunity to contribute to their family's standard of living. To facilitate the integration of these children into the community, PCF funds speech therapy, autism therapy, special stimulation, physical rehabilitation, vocational skills and more.



2019 PROGRAM SUMMARY
Children with Special Needs

56
Children
Served

2,692
Medical
Interventions

**Total
Expenditure
\$34,092**



At 14 years old, Janeth came to PCF with very little experience in the world beyond her own home. She was born with severe spinal bifida but had received minimal medical attention. We began by providing her with a proper wheelchair, medication, hygiene aids, transportation to medical services, and special stimulation therapy.

Due to financial hardship, the remoteness of her home, and family dynamics, she had not attended school. Janeth was eager to learn to read and write, but nearly every session ended

with tears. She knew how to speak, but she didn't know how to use her voice. Every member of the PCF clinical team took part in Janeth's care. But progress was slow until her teacher, Leslie Castro Ramos, had an idea.

Theater provides an opportunity for children to develop security, self-confidence, a voice, friendships, and discipline – assets Janeth wished to gain. Leslie brought the idea to PCF and four months later, her original play, "Tamazhè and the Secret of Calafias", debuted starring Janeth

in a central role. The play was so well received that the troop was asked to perform in the Capitol theater in La Paz. In celebration of her performance, the kids visited a La Paz beach and Janeth entered the ocean for the first time in her life.

Through theater, Janeth gained immeasurable confidence which has enabled her to learn to read and write at her own pace, respecting her own process. Today, she has left the tears behind and greets the PCF team with a broad smile.

Some of the hardest wounds to heal cannot be seen at all



2019 PROGRAM SUMMARY Mental and Social Health

131
Children
Served

545
Medical
Interventions

Total
Expenditure
\$17,300

Multiple factors place local children at high risk for psychological conditions including poverty, domestic violence, and substance abuse. Padrino provides care from licensed psychologists trained to facilitate individual and family therapy as well as psychiatric services, when needed. Assistance is available for treatment of behavioral disorders, working toward effective social integration. PCF provides licensed psychologists trained to facilitate individual and family therapy as well as psychiatric services. Assistance is available for treatment of behavioral disorders, working toward effective social integration.

Yurem was born to a life marked with extreme difficulties including social abandonment, violence, and extreme poverty. These circumstances set the stage for a neurodevelopmental disorder and a severe conduct disorder. When he came to live with his aunt in Todos Santos three years ago, he was enrolled as a PCF patient.

In addition to consultations with specialists in neuropsychiatry and pediatric psychiatry, Yurem receives weekly special education therapy, social work support, and vocational and recreational programs as well as pharmaceutical therapy. The foundation has provided a multidisciplinary approach to Yurem's care including ongoing psychotherapy including family and individual therapy, with therapeutic accompaniment. Additionally PCF has provided interventions

within his primary school including training his educators.

Despite the professional prognosis issued three years prior, Yurem currently exhibits greater self-control, a healthy expression of emotions, motivation for acquiring academic and sports skills, as well as the development of social skills to support adequate social adaptation. As his living conditions remain uncertain, the Foundation, working with his family and the community, is dedicated to fostering a familiar, organized, and safe environment, where in Yurem may continue to show progress.



Targeted outreach provides early intervention

Not all children come to us when there is a problem. In fact, many may not know there is a problem. To promote early detection and treatment, we conduct medical evaluation clinics periodically for underserved children in locations such as our local boarding homes. We also conduct specialty clinics for vision screening and participate in dental and cardiac clinics with partner organizations. Most recently, we have established a whole genome sequencing clinic with the iHope Foundation and Illumina Corporation to reduce the diagnostic odyssey of children with rare genetic conditions, testing 40 children in 2019.

2019 PROGRAM SUMMARY
Clinics

394
Children
Served

478
Medical
Interventions

**Total
Expenditure
\$17,379**

In the PCF clinic in Todos Santos, 8-year-old Juan sits in his wheelchair awaiting consultation. Juan works hard to negotiate with uncooperative muscles that challenge every aspect of his daily life. Lifting objects is a struggle for hands that refuse to grip. Yet, more frustrating than the physical limitations, is the mystery surrounding Juan's symptoms. Born with multiple fractures, his doctors suspected "Brittle bone disease" and told his parents, Flor and Juan Diego, that they should not hold their newborn.

The diagnosis shifted like sand over the years while the family committed time and money to ineffective therapies and dozens of trips to see specialists in Mexico City and Guadalajara. No one had been able to tell the family what caused Juan's condition nor offer effective treatment.

On the day of the PCF DNA Day Clinic, Flor and Juan Diego emerged from the consultation room having learned that a mutation in their son's DNA confused the type of fiber that makes up his musculature. With this new information, the

family removed Juan from the waiting list to undergo a nerve biopsy, an invasive procedure with a known risk of further deterioration and which could not have diagnosed his condition. While his past physical therapies had been cautiously conservative in the absence of a diagnosis, the little boy that began life misdiagnosed and without the comfort of his parents embrace, can now receive tailored therapies designed to safely target his specific condition. Ultimately, the end of an odyssey looks like a new beginning.

Innovating and Leading

Families everywhere struggle with the emotional rollercoaster and high costs of identifying rare diseases affecting their children. Whole genome sequencing (WGS), the analysis of an individual's entire DNA, has the potential to end the diagnostic odyssey by making a definitive diagnosis within a matter of weeks. However, at a cost of approximately \$10,000 USD per patient for testing and interpretation, very few countries use the test widely. In Mexico, it is even more unlikely because there is only one medical geneticist for every 520,000 Mexican citizens. Yet, within the first year of our operation, Dr. Alejandra Peña Salguero, the PCF medical director, was treating more than a dozen children with neurodevelopmental delays and serious medical conditions stemming from unknown causes. Like her colleagues, she assumed WGS was unavailable and far too expensive to be a viable solution. Or was it?

Meanwhile, San Diego-based biotech, Illumina Corporation, launched an initiative called iHope to identify children with rare genetic disorders and offer WGS for definitive diagnosis. Dr. Peña

Salguero flew to Tijuana to participate in a first of its kind genetic clinic. Shortly thereafter, PCF became an iHope partner and the recipient of 15 WGS test kits. We held our first clinic and three months later, the results began to roll in. In case after case, we received definitive diagnoses or significant clinical findings. By the time all 15 cases were received, we had realized an 80% diagnostic success rate. Twelve of our 15 families learned exactly what is causing their child's medical issues.

Not all genetic disorders are treatable, but many are. In one study, 48% of the children diagnosed with WGS had a change in clinical care management as a result of the findings. For example, genetic testing can identify pharmaceuticals that should not be given to a patient, either because it would be ineffective, or because it can cause a serious adverse drug reaction. This was an important finding for a child in our first group. When it came time to inform 7-year-old Christopher's family of his collagen disorder diagnosis, we were unable to locate them. Finally, we learned he was in

a hospital 400 miles away in critical condition awaiting a kidney transplant. His WGS revealed that Warfarin, a blood thinner, commonly used in transplant cases to prevent clotting, could be life threatening for Christopher. With this critical information, his medical team in Sonora was able to prevent a tragedy.

In 2019, the iHope Project granted PCF 60 additional WGS tests. We held our first multi-stage genetics clinic, delivering results to the families of the first 15 children tested and welcoming 37 new children into the program.

Late in the year, Dr. Peña Salguero and our neurogeneticist partner, Dr. Paola Media, presented our experience to a stunned audience at Mexico's 2019 National Congress on Human Genetics. To learn that a small non-profit from Todos Santos, BCS, serving economically vulnerable children could amass more experience with WGS than nearly any organization in Mexico, is stunning indeed.

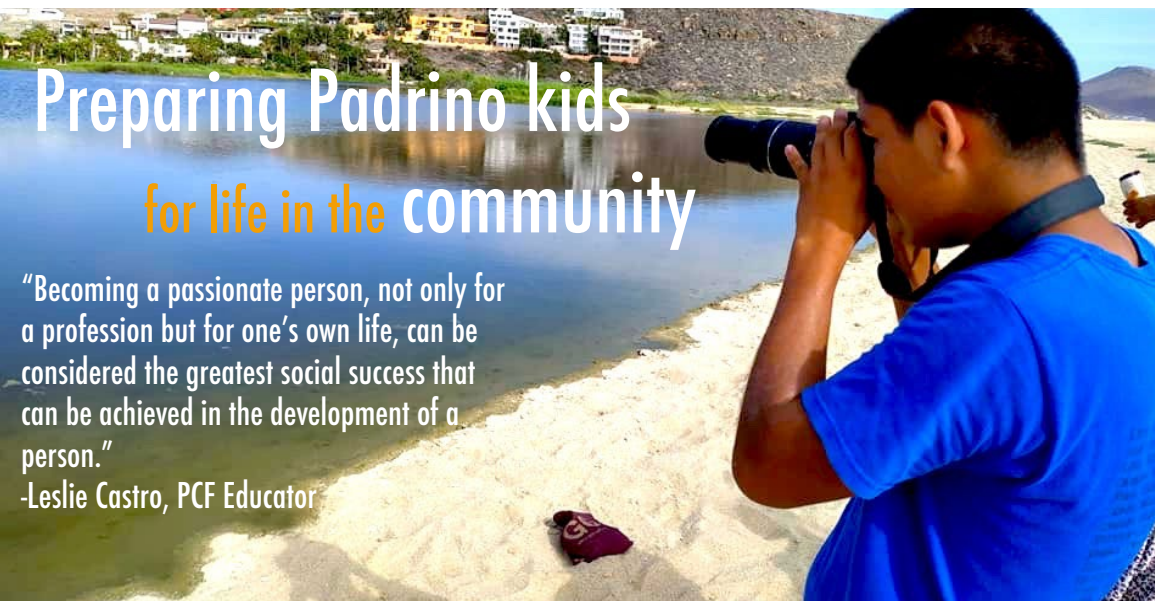


Genetic Evaluations: 29

Whole Genome Tests: 16

Microarray Tests 16

Definitive Diagnoses: 12



Preparing Padrino kids for life in the community

"Becoming a passionate person, not only for a profession but for one's own life, can be considered the greatest social success that can be achieved in the development of a person."
-Leslie Castro, PCF Educator



PCF cares for qualified children through the age of 18. This gives us a finite amount of time to develop the social and vocational skills necessary to graduate our patients as able community members. Under the leadership of educator, Leslie Castro Ramos, PCF has developed vocational therapies designed to encourage aspirations for the future: attending school, obtaining employment, living independently, enjoying a social life, among others. Children with disabilities or who are at social risk explore their interests, abilities, aptitudes and values. In time, the skills gained, may afford them the possibility of being gainfully employed within the community, being part of artisanal production groups, or developing themselves personally through positive artistic and cognitive dynamics.

Artisanal Workshops focus on practice, discipline, teamwork and commitment, in the creation of unique products. The Textile Painting and Embroidery Workshops teach children to create artistic compositions in cloth. Ultimately, these goods may be sold online, at community events, and within a small storefront to generate revenues so that the children may contribute to their families and/or meet personal needs.

Dance and Theater Workshops encourage children to develop self-esteem, self-confidence, security, self-knowledge and exploration of their possibilities through artistic work. Through dance and theater, the children learn healthy social interaction, acquire skills for teamwork, and actively participate in the community by promoting culture.

The Labor Integration Workshop places children in local businesses to experience the dynamics of formal work and to test their aptitudes, talents, and labor skills. Integration into the workplace may lead to part-time or full-time employment with which they may gain personal autonomy within the community and contribute financially.

In addition to offering support to young people, the program creates links with members of the community. In mutual benefit, volunteer teachers receive the resources to develop their crafts, while sharing their talents with young people.



Community wide vision clinic helps children see a brighter future

After a 10-month planning process, we held a 4-day town-wide vision clinic with US-based non-profit, Sight is a Right, in late April. More than 30 vision specialists from the US and Canada and our own local optometrist facilitated this free vision screening at a central location and in each Todos Santos school.

A clinic of this size, which treated over 3,000 people, required significant planning and collaboration. When help was needed to facilitate the movement of medical equipment through Mexican Customs, our colleagues at Los Cabos Children's Foundation stepped up to help. Reflecting on the adventure, Dr. Peña Salguero said, "I asked myself what I learned from this experience, and the conclusion was that some things are hard to do, I won't always enjoy doing them, but soon after the clinic started, my perspective changed. I realized that all of those difficulties were part of having a successful clinic, and working with the community reminded me why I love the work we do."

Indeed, despite long days and sore feet, our dozens of volunteers thanked us for allowing them to participate, expressing feelings of satisfaction and joy for having been involved.

3,113
people received an
examination.

1200+
children received eye
exams and a pair of
sunglasses.

10%
of the children
were referred for
corrective lenses.

1,800
pairs of reading
glasses were
distributed.

395
people were fitted with
custom prescription
glasses on site.

170
prescriptions were
ordered to be filled
in the US.



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