

Striving
for
Clinical
Excellence



Padrino

Padrino Children's Foundation 2023 Annual Report

A Word from the Board

It was a year of progress for the Padrino Children's Foundation. We planned for growth and creating greater awareness in our community, and we are happy to report that we far exceeded our goals.

We positively impacted 325 children and their families. While each patient's story is unique, we saw a recurring theme of improving the quality of life and, in some cases, even saving lives. In an integrative approach to healthcare, we joined forces with medical specialists to ensure every aspect of our patients' health and well-being was addressed. As a result, we saw patients learning to walk, learning to communicate, better able to see, and breathing more freely so that they can now realize their full potential.

While individual donations continue to be the greatest source of our operational funding, 2023 was a year of profound unity in our local and extended communities. We saw continued support from our existing donors and welcomed new support that stemmed from our "Soy Padrino" campaign, as well as Hotels with Heart, a channel for travelers' philanthropy. Local businesses and individual community members took shared ownership with us in fundraising and driving awareness. We have tremendous appreciation for the contribution and pro-active involvement of our community.

Fundraising and planning continue for the new Padrino Pediatric Medical Center. By the end of 2023, we raised \$550,000 USD for the project, which was well ahead of our goal. Structural engineering plans are being finalized with the input of IT specialists, civil protection, and security professionals. The process of selecting a contractor and related partners has begun, and we look forward to breaking ground in the second half of 2024.

Padrino continued to operate with efficiency and financial prudence. Thanks to the generosity of our donors, our financial position was stable and adequate to cover the needs of our growing population. As we head into our 8th year with continued plans for growth, it is an opportune time to assure our donors and key stakeholders that we are well-resourced but need their continued participation.

Looking ahead, we remain committed to delivering excellence in pediatric healthcare even while demand is mounting. We are actively expanding the Padrino team so that we can continue to provide integrative services, and we are excited to soon introduce new leadership from within, as well as new board members. We are tremendously proud of our team, and we are filled with gratitude for our community and our donors. We could not be more excited for the impact we will make together in 2024 and beyond!

With gratitude,
Jim Cardillo, Board Chair



Jim



Jamie



Eden



Nancy

Board of Directors

- Jim Cardillo, Chair
- Jamie Kelly, President
- Eden Barnett, Treasurer
- Nancy Naigle, Secretary

The Face of Padrino



Alejandra



Mitzy



Jessica



Tony



Leslie



Claudia



Edith



The Padrino Staff

Padrino is a US 501(c)(3) non-profit organization and Mexican Asociación Civil operating in Baja California Sur that provides professional medical care to low-income children in the community of Todos Santos and the surrounding region. Since 2016, Padrino has provided 28,000+ free services to more than 1,300 local children whose families could not otherwise afford medical attention. With proper care, we are witness to children and their families achieving a higher quality of life and gaining hope for a better future.

Dr. Alejandra Peña Salguero,
Medical and Executive Director

Dr. Mitzy Cervantes,
Pediatrician

Lic. Jessica Ávila,
Mental and Social Health Program

Lic. Antonia (Tony) González Ruiz,
Social Work and Family Counseling

Lic. Leslie Castro Ramos,
Children with Special Needs Program

Claudia Falcón,
Nurse and General Assistant

Edith Salvatierra Ruiz,
Administration



Gracias

We thank our collaborating specialists as well as donors, lodging sponsors, and the entire Padrino team for supporting these physicians and enabling life-changing diagnostic and therapeutic work.

Our staff works closely with a wide network of highly skilled medical specialists to provide advanced care for our patients including these exemplary physicians:

- **Dr. Alexis Eduardo Ponce Sesma**, a Pediatric Orthopedist, traveled from Mexico City and evaluated 14 Padrino patients over two days.
- **Dr. Arturo Lopez Yañez Blanco**, a Pediatric Dermatologist, traveled from Guadalajara to evaluate six patients and perform two medical procedures.
- **Dr. Miriam Guzman**, a Child Psychiatrist in Los Cabos, provided an astounding 58 psychiatric consultations over the course of six visits.
- **Geneticists Dr. Paola Medina Luna and Dr. Rodrigo Moreno Salgado** joined us from Hermosillo and Mexico City respectively via teleconference to assist with genetic testing for 33 families who had children with rare diseases. They consulted with these families directly, and a definitive diagnosis was confirmed for 19 of the children tested.
- **Dr. Nieba Lujan Gamboa**, a Pediatric Endocrinologist, joined our pediatrician via telemedicine from her practice in Chihuahua to consult with our patients.
- **Drs. Carlos Alejandro Montes La Huerta**, a Pediatric Neurologist and **Alain Zozaya García**, a Pediatric Cardiologist held monthly office hours in the Todos Santos clinic to diagnose and treat Padrino patients.

Specialist Partners



2023 Program Performance



Financial Aid for Medical Services (FAMS)

Our FAMS program had another strong year with 172 patients receiving 2,308 pediatric medical services, including pediatrician visits, diagnostic studies, and consultations with pediatric specialists. We hosted clinic days for cardiology, neurology, and child psychiatry with the aim of making specialist care accessible to our Todos Santos community. Our exceptional diagnostic capability is just the beginning. Once we have a diagnosis, treatment begins.

Each year the number of complex cases has increased, requiring support from our entire team, as well as our network of specialist partners across Mexico. Many children see more than one specialist and require multiple medications to stabilize their condition. It is imperative that they have strong advocacy and care coordination to ensure the best possible care and outcome. We share more about our unique approach to healthcare coordination in this Annual Report under our feature story, "Uniquely Padrino: Delivering Integrative Care to our Patients."

Children with Special Needs (CSN)

It was a year of change for our CSN program, in which we treated 27 patients with 574 interventions. In response to an increase in the number of patients struggling with language development, we expanded our program to include speech therapy. Our Special Education teacher, Leslie Castro Ramos, spent several months training in therapeutic techniques so we can treat patients in Todos Santos rather than refer them to specialists in La Paz. Today, we have many success stories and grateful families.

For older children with special needs, we continued to offer vocational workshops and activities focused on developing new motor skills and knowledge, as well as improving social skills. Furthermore, we added physiotherapy services for orthopedic patients who require rehabilitation, a service previously limited to the Children's Rehabilitation Institute (CRIT) facility in La Paz.

Mental & Social Health (MSH)

Mental and Social Health care was in high demand in 2023. We treated 88 children, providing 930 therapeutic interventions. Providing psychological and psychiatric treatment to our community youth has helped to destigmatize mental health issues as evidenced by an increase in adolescents seeking help for themselves. We also experienced an increase in referrals from schools to provide care for children and adolescents with learning problems, attention deficit and hyperactivity disorders, and anxiety and depression often relating to family environments.

When patients seek help, we employ psychometric evaluations using validated scales for the Mexican population to determine multidisciplinary treatments for patients and their families. Treatment ranges from cognitive behavior therapy to psychiatry and neurodevelopmental therapies. Our social worker provides family counseling where we work to improve communication, eliminate violence, and generate a family environment with positive discipline. With our help, our patients are learning strategies to cope with everyday stressors and to prepare themselves for adulthood.

Genetic Testing and Specialty Clinics

As part of the international iHope program led by US-based Genetic Alliance, we provided genetic testing to 29 patients from across the State of B.C.S. These children have a disease without a diagnosis, so they are candidates to receive genetic counseling and, in qualified cases, highly specialized genetic studies or whole genome sequencing. With 60 medical interventions including laboratory tests and evaluations, Padrino achieved a diagnosis rate of approximately 60%. Reaching an accurate diagnosis is essential to establish treatment and avoid unnecessary procedures. A diagnosis also allows a family to understand their child's condition, prognosis, and future potential with more certainty.

We strive to reduce the need for patients to travel to receive care but, when necessary, Padrino refers patients to external organizations for care that we do not offer ourselves, such as dental examinations. In 2023, nine patients participated in 12 medical interventions through external clinic partners.

Life Changing Care ...



Why crawl when she can walk!



Miranda, Age 1

At a year old, Miranda should have been crawling, but she was not. She was referred to Padrino by a clinician at the local health center who suspected a developmental delay. Padrino's initial assessment of Miranda ruled out any neurological issues, and further diagnostic studies concluded that it was not hip dysplasia. The final diagnosis revealed that she lacked early childhood stimulation to support her development. After several sessions of specialized stimulation, Miranda showed significant improvement in her mobility, and she is now on the path to learning how to walk.



Breathing easier
with an improved quality of life.

Domingo, Age 8

Domingo came to Padrino after suffering from recurring upper respiratory infections and years of ineffective treatment with antibiotics and anti-inflammatory medications. Due to his illness, he was frequently absent from school and began to fall behind with his education. Padrino referred him to an Otolaryngologist, who recommended an Adenotonsillectomy surgery, to be followed by immunotherapy with an allergist. With dedicated coordination across our clinical team, Domingo underwent surgery within a few months. His family reports 100% improvement in his symptoms, and he continues with his immunotherapy sessions under the close observation of Dr. Mitzzy Cervantes, the Padrino pediatrician.



In control and living a full life



Fatima, Age 12

Five years ago, Fatima came to Padrino with untreated epilepsy that was causing seizures and deeply impacting her life. Diagnostic studies conducted by our pediatric neurology team led to a treatment plan consisting of four medications and routine therapy sessions. The treatment would be long-term and costly. But, with generous and consistent support from our donors, as well as diligent care and follow-through by our clinical team, Fatima's condition is now under control. Treatment is down to just one medication with the future possibility of suspending the therapy sessions altogether.



A new motivation for life

A 16-year-old teen

At the recommendation of his high school administration, a 16-year-old boy came to Padrino for psychological care. He was being bullied by his classmates, and when it became unbearable, he dropped out of school. The young man was given high-priority care at Padrino, and his initial therapy session revealed severe signs of anxiety, depression, and suicidal thoughts. Therapeutic work began with Jessica Avila, the director of Padrino's Mental and Social Health program (MSH), who began by focusing on emotional validation. This vulnerable teen has shown significant improvement and renewed motivation for studying. He has returned to school, is developing his social skills, and will continue his therapy to ensure this positive progression continues.



Finding his words

Mateo, Age 5

Mateo came to Padrino speaking only seven words. Although our team confirmed that he had no physical limitations preventing speech, he would not talk. He was then referred to our Children with Special Needs (CSN) program for additional evaluation and a plan of action, which started with speech therapy sessions. In each session, games, songs, and small tasks were used to make him comfortable with the use of his voice at a pace that respected his learning rhythm. While Mateo still has a journey ahead, he is developing new phrases and sharing new words and sounds to the surprise and delight of his family.



A brighter future in sight

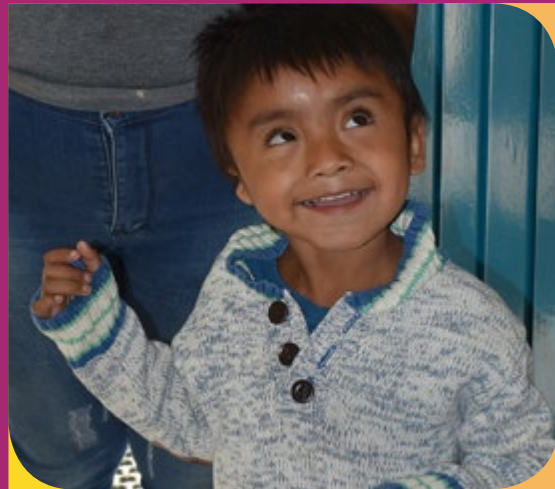
Nicolas, 12 months

Nicolas, a 12-month-old patient of the Children's Rehabilitation Institute (CRIT) in La Paz, came to Padrino to participate in our genetic testing clinic. He was diagnosed with Spinal Muscular Atrophy (SMA), a rare genetic condition that causes muscle weakness, progressive loss of movement and paralysis, and has historically resulted in the premature death of babies and small children. While this diagnosis was devastating to receive, new pharmaceuticals can help to extend life expectancy.

Treatment can improve Nicolas' quality of life and chances of surviving the disease. The treatment is long-term and costly, and while it is covered through IMSS, our Mexican Healthcare System, we are aware that it can take time to get the treatment approved and initiated. The family is doing everything possible to accelerate this process, knowing that time is against them. For now, Nicolas is receiving physical therapy at CRIT and our genetics team remains optimistic that there is time, and that he has a brighter future in sight.

Uniquely Padrino:

Delivering Integrated Care for Our Patients



We pride ourselves in ensuring that all aspects of a patient's health and well-being are considered when caring for a patient, and that we are advocating for the best possible clinical outcomes. Our programs are designed to provide integrated care across medical specialties. This approach is key to both improving the quality of life for our patients and fostering the personal and professional fulfillment of our team members. To better illustrate the depth and breadth of this unique care model, we would like to share the heartwarming story of Erick and his journey from poor health to being on the path to achieving his full potential.

Erick was four-years old when he was brought to Padrino in a weakened condition due to untreated seizures and a failing kidney. His care began with a pediatric assessment, which confirmed that there was severe damage to his kidney that would require urgent treatment by a pediatric nephrologist. Since this specialist was not available locally, we launched our telemedicine protocol, whereby treatment was provided collaboratively by a specialist in Mexico City and Padrino's Dr. Mitzy Cervantes in Todos Santos. This was the beginning of Erick's comprehensive care plan, which would include treatment for anemia and consultation with a pediatric neurologist to address his seizure disorder.

Erick's health improved during the first year of treatment, which allowed our Padrino team to analyze his condition further. Erick had stopped growing due to his restricted diet from the kidney condition. In close partnership with clinicians at Salvatierra Hospital in La Paz, we initiated hemodialysis and soon had Erick's mother trained to administer in-home dialysis.

As Erick had not been attending school due to his poor health, we initiated an assessment within our Children with Special Needs (CSN) program. To address delayed learning and language development, we began therapeutic work with him, while also discussing with his family the importance of his education and return to school.

With the cost of Erick's ongoing treatments adding up, along with the complex and time-consuming administrative processes necessary to receive aid, our Padrino Social Worker, Antonia González Ruiz, also stayed close to Erick and his family, providing continual support and guidance.

Today, while Erick waits for a kidney transplant, his physical health has dramatically improved, as has his quality of life. He is progressing well developmentally, learning to communicate more clearly with his family, and actively demonstrating a desire to learn. He is a much happier and stronger boy, and our team is proud to have enabled his transformation. He would not be where he is today without the close collaboration and strong commitment of all involved across Padrino, the specialist care teams, and his family. This degree of care integration is uniquely Padrino and has astonished many of our pediatric colleagues across Mexico – a distinction we proudly celebrate!

A Community United

Community fundraising was nothing short of extraordinary in 2023!

Over the course of the year, two dozen fundraising events were held throughout Todos Santos and El Pescadero, many of which were initiated by local businesses and community members, a testament to a community-wide commitment to a healthier future. People came together to share delicious meals, enjoy music and dancing, and discover fashion, art, and other treasures. Together these gatherings resulted in significant funding and awareness building for Padrino Children's Foundation.

We are filled with gratitude and feel incredibly blessed to be in a community full of compassion and action. We would like to acknowledge the creativity and hard work of all who supported these events. Below is a full list of the events and hosting partners:

Fundraiser Events

- **Art With a Cause Auction** by Guaycura Hotel
- **Baja Jazz Festival 2023** by Guaycura at El Mirador
- **BajaMed Festival de la Cocina**
- **Padrino Homecoming** hosted by Rua Sierra at San Patricio Pub
- **Dinner & Dance** by Dum & Rancho Corazon
- **Dia del los Muertos Lounge** by Padrino in the plaza
- **Garden Party** by Modern Elder Academy
- **Furniture Sales for Padrino** by individual local donors
- **Hotels With Heart Philanthropy** by participating hotel members
- **New Building Fund Match** by Milt & Judi Stewart
- **Uniquely Todos Santos Fashion Show** by Malia Durban, Creando Tendencia, Kynnary, Saguaro, Zocalo and La Esquina
- **Invitational Soirée** at Villa Santa Cruz

Hosted Dinner Parties:

- John & Kate Ecker
- Jenny Armit and Jess Flood
- Community Table by Hidden Leaf Baja & Chef Robin
- German Feast by San Diego Ambassadors
- Tre Galline, Pat O'Connell and Zandra Frame
- Janelle & Tony Palma and Gerry Ronayne & David Runtz
- Tim & Susan Doyle
- Steven & Sheila Jagentenfl and Don & Cindy Black
- Nancy Serfass & Tom Carroll
- Hierbabuena and John Denning & Paula Vlamings
- Gail & Scott Bosch and Karen & Charlie Haley
- Mexican Feast by Hablando Mexicano





Given the tremendous support we receive from individual donors each year, in 2023 we launched the “Soy Padrino” awareness campaign to more actively share with residents and visitors the work of Padrino and extend an opportunity to give.

With the generous support of business owners and residents throughout Todos Santos and El Pescadero, our colorful slogan, “Be a Padrino,” set against the happy faces of children, could be seen nearly everywhere. In restaurants, cafes, and bars, and down the street or around the corner, the Padrino flag was flying and not to be missed. If one was not yet a Padrino, the question being asked was, ‘why am I not?!’

To date, the campaign has been incredibly successful and has contributed to greater understanding of our mission and the addition of new Padrinos at an unprecedented pace. Collectively, individual donors fund nearly 80% of the operational costs needed to deliver our healthcare services, maintain our excellence in doing so, and meet the needs of this growing community.

We are grateful for the generosity and outpouring of support from our existing and new Padrinos and encourage all to continue to proudly fly the Padrino flag!



Padrino: (noun)

A person who promises to take an active interest in the welfare of another.



Padrino

Many Thanks to the Padrinos of 2023!

Support for the work of Padrino comes in many forms. Following is a list of monetary donors in 2023.

Aaron Warkov
Abby Norfleet
Adali Maldonado Parks
Alan and Barb Dolinsky
Alan Becerril/Gallo Azul
Alejandra Peña and Alan Montes de Oca
Alex Shults
Alvin Bondi
Amazon Smile
Amelia Favorite
Angelica Velez Mendez
Ardice Farrow
Barbara Trohimovich
Benjamin Cudd
Betsy and Jon Dallman
Bianca Juarez
Bill and Cathy Nation
Bill and Paula Clapp
Bruce Raben
Bryan and Sergio Jauregi/Todos Santos Eoadventures
Carlos Melendez
Carol Lee and Jonathan Hangartner
Carol Van Sant
Carolyn Roufs
Catherine Chambaret and Eric Engler
Cathryn Williams and Greg Broughton
Catya Weil
Celia DeVault
Charlene and Jim Williams
Charles A. Bennett Jr
Charles and Jane Clark
Charles and Ruth Herren
Charlotte Jensen
Cheryl Myers
Chileno Bay and El Dorado Bay Foundations
Chip and Melinda Besse
Chip Conley Foundation
Chip Houde
Chris and Elizabeth Day
Chris LeCroy
Chris Miller and Diana Pandell
Cindy Saucerman
Clark Thompson
Claude Vogel
Claudia Russell
Clive and Laurie Drummond

Colleen Suche
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Connie and Paul Riccardi
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Darcy Ellis
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David Clements
David Divjak and Lisa Demoney
David Runtz and Gerald Ronayne
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Deborah Wallendorf
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Dennis and Nancy Naigle
Dennis Eberl
Diana and Rudy Melendez
Diane and Lee McReynolds
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Garth Switzer and Lu Pearson
Geoffrey Orth
Gilbert Hoh
Gina Mattioda
Glenn and Arlene Eige
Greg and Susie Farrar
Guaycura Boutique Hotel
Guido Dusi and Esa Fedrigoli
Guillermo Marrero and Joyce Maggiore

Harry Lewis
Hilary and Scott Chandler
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Jae And Jeff Sherwood
Jamie Kelly
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Judith and Milt Stewart
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Julie Anne Delong
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Karen and Stephen Seto
Karen Shiller
Karla Barlow
Kate Paul and Mike Tengdin
Kathleen Tischhauser
Kathryn Starr
Kathy Warnert

Katia Lee
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Kent Nelson and Sue Cedarholme
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Marilyn Martin/Flora del Mar
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Marsha Collins
Martha Lockwood
Mary Savoy
Mary Thompson
Maryann Galpin-Plattner
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Mathew Denning

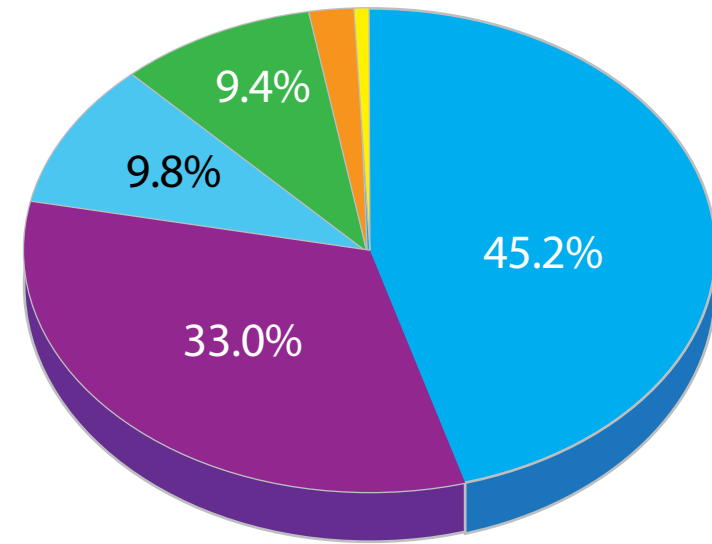
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Meredith Higgins
Michael Hogan
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Mike Moll and Constance Albrecht
Mike Wisz
Molly MacBean
Morgan Leigh/Zocalo
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Pamela Vantress
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Patrick Hugh
Paty Rains
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Paula Vlamings and John Denning
Pedro Peña and Hilde Salguero
Peg and Bruce Ganger
Pete and Shirley Hill
Peter Lepine and Anne Boswall
Philomena and Andy Walsh
Phyllis and Jack Nottingham
Polly and Don Dooley
Raymond Cibull
Rebecca and Philip Otto
Rene Bernard
Richard and Kristine Kullberg
Richard and Natasia Rutowski
Richard Friend
Rick and Suzanne Arnold
Robert and Catanya Saltzman
Robert Whiting
Roberta Kuszel
Ron and Sally Burns
Ron and Sue Peters
Ronald and Margaret Shapiro
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Ruth Bjorklund

Samantha Moran
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Sandra Sutphen
Sarah Teal and Gordon Chaplin
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Steve Jenkins and Claudia Kopkowski
Steven Jacobi and Kate Turning
Steven Jorgensen
Steven Stern
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Susan Johannsen
Suzanne King
Switch Thomas and Suga Hickcox
Sylvia Aroth
Terry Mendez
The Estate of Anita Harris
The Noll Foundation
Theodore Brockish
Therese Montgomery
Tim and Susan Doyle
Todd Spitzer
Tracy Fuelleman
Travis Baker and Joyce Jurgich
Trent and Janet Hampton
Vickie Butler
William Nichols
Woodson Martin
Woody and Dolores Euart

And those who wish to remain anonymous.



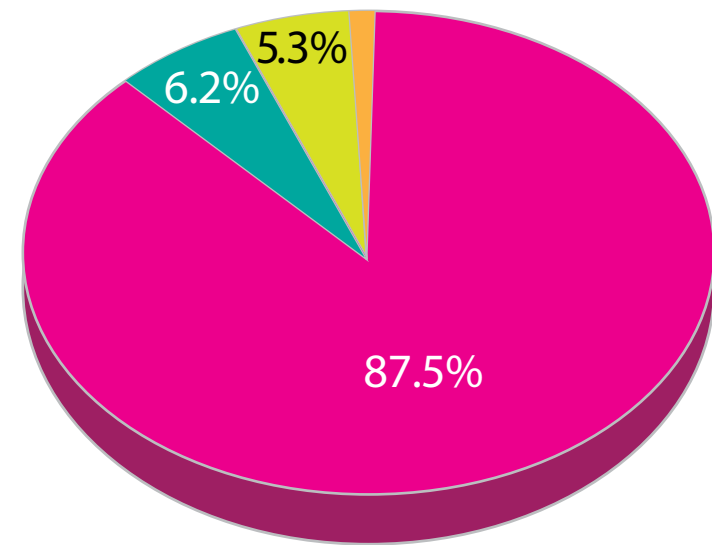
Financial Summary 2023



2023 Revenue by Source (USD)

- Individual Donors
- Building Fund Donors
- Grants
- Fundraising
- Corporate Donors
- Beneficiaries

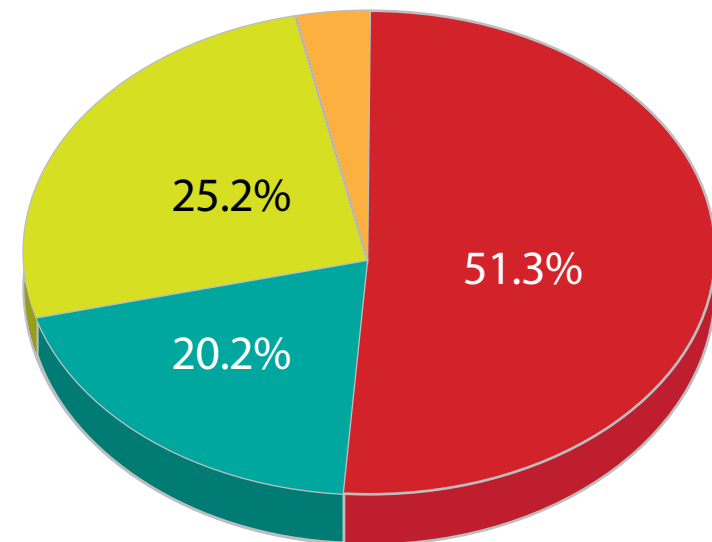
Revenue Source	Revenue/USD	%
Individual Donors	\$336,834	45.2%
Building Fund Donors	\$245,720	33.0%
Grants	\$73,339	9.8%
Fundraising	\$69,669	9.4%
Corporate Donors	\$14,513	1.9%
Beneficiaries	\$4,865	0.7%
TOTAL	\$744,940	



2023 Expenses by Type (USD)

- Operations/Programs
- General and Administrative
- Fundraising
- Building Project Expenses

Expenses by Type	Expense/USD	%
Operations/Programs	\$362,443	87.5%
General/Administration	\$25,863	6.2%
Fundraising	\$22,030	5.3%
Building Project	\$4,043	1.0%
TOTAL	\$414,379	



2023 Expenses by Program (USD)

- Medical Services
- Mental and Social Health
- Children with Special Needs
- Genetics and Clinics

Expenses by Program	Expense/USD	%
Medical Services	\$185,797	51.3%
Mental Health Services	\$91,477	25.2%
Children with Special Needs	\$73,242	20.2%
Genetics and Clinics	\$11,927	3.3%
TOTAL	\$362,443	



Padrino

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